

Commissioning Services in Primary Care

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RDMH

- Service/workforce development
- Ex Sainsbury Centre for Mental Health
- Improve quality of mental health support from perspective of service users and carers
- Focus on integration
- Partnership with Humana - support transformational change in mental health commissioning



Mental Health Pyramid



Adapted from work by Dr Steven Laitner

Commissioning objectives – primary care

- Promote mental health and wellbeing
- Improve recognition of mental health problems
- Assessment and treatment of common mental health problems
- Access to psychological therapies
- Employment support
- Increase treatment choices available
- Integrate approaches to physical & mental health
- Timely referrals to and specialist advice from specialist services, consistent with need
- Support recovery from serious mental ill health

